

I strive to wisely use my talents and skills at work, home and church in order to bring glory to God, and to serve the needs of others. 1 2 3 4 5

I view knowledge as a means of expanding my awareness of the world, and to see everything—people, places and things—from God’s eternal point of view. 1 2 3 4 5

I am committed to viewing the world with the mind of Christ, and to helping others so as to reflect God’s goodness, mercy and life within society. 1 2 3 4 5

I can be what God wants me to be, and do what He wants me to do if I find a healthy balance in mind, body and spirit. 1 2 3 4 5

I am pleasing to God when I renew my body, mind and spirit through rest and relaxation, so as to better connect with God and others. 1 2 3 4 5

Total Score_____

Fulfill—*Discovering God’s peace by knowing, loving and serving Him in all aspects of life.*

I truly believe that God will give me the grace and tools to fulfill what me wants me to be and to do in life. 1 2 3 4 5

I know that God usually reveals His purpose and plan not in a one-time enlightenment, but in a gradual unfolding of truth that spans a lifetime. 1 2 3 4 5

I try to regularly examine my conscience to determine what I have done and what I have failed to do in thought, word and action. 1 2 3 4 5

I express my gratitude for God’s fatherly presence in my life and for the blessings freely given to me through Christ. 1 2 3 4 5

I acknowledge my failings and shortcomings, and I express my sorrow and repentance for these by seeking God’s forgiveness. 1 2 3 4 5

I make firm commitments about the person I hope to become, about what I will do and not do with the help of God’s grace. 1 2 3 4 5

I realize that to find, follow and fulfill God’s will for my life requires that I develop a specific plan of action, which will provide a strong sense of direction. 1 2 3 4 5

Total Score_____

Score Interpretation Per Category:

Your score can be likened to a “spiritual barometer” which indicates the present state of your spiritual life, and perhaps even the intimacy of your relationship with God. If you

are looking to energize, deepen or expand that relationship, then the LifeWork resources may be just what you need! Visit www.lifeworkproject.com or call 800-651-1531 to order materials.

Just Beginning	Fair	Good Start	Very Good	Well-Developed
0-7	8-14	15-21	22-28	29-35