Grade 6: Following Christ
22 Week Parish Curriculum


Weeks 1-13
- **Part I: The Ten Commandments and the Beatitudes**
- Chapters 1-16: Forming the conscience and growing close to God through the Church.

Weeks 14-20
- **Part II: The Holy Mass**
- Chapters 17-28: An emphasis on faith in and an understanding of the Real Presence and Christ’s sacrifice, including explanations of the parts of the Mass.

Weeks 21-22
- **Part III: The Last Things**
- Chapters 29-31: Death and God’s judgment of us, with an emphasis on the Communion of Saints and the great happiness of heaven.

AIM: To help sixth-grade students learn to love and deeply live the law as Christ did, to cherish the Mass as our greatest prayer to God, and especially to revere and adore Jesus in the Blessed Sacrament.
Week 1: God’s Law / Conscience
    Ch. 1: God Gives Us the Law
        a. We can know God through creation
        b. God has given man free will in order to choose good and avoid evil
        c. God established divine and natural laws to govern creation
        d. Jesus established the New Covenant
        e. God has provided the means to form our consciences through natural law and the teachings of the Church

Week 2: First Commandment
    Ch. 2: The First Commandment in Our Own Day
        a. Superstition, impiety, heresy, and anything contrary to the reverence we owe God is forbidden
        b. We must love God above all else
        c. The Israelites offered sacrifice to God to worship him and show sorrow for sin

Week 3: Prayer / Saints
    Ch. 3: Prayer - Hidden Treasure
        a. Necessity of prayer
        b. Two forms of prayer
        c. We must die to ourselves and recommit ourselves to God

    Ch. 4: Saints - They Made the Most of It
        a. We are called to conversion so that we can become saints
        b. We venerate and pray to the saints in heaven

Week 4: Second Commandment
    Ch. 5: The Holy Name
        a. God’s name is holy and ought to be reverenced
        b. Blasphemy, false oaths, and unnecessary swearing upon God’s name are forbidden
        c. Respect is also due to holy things

Week 5: Third Commandment / Self-denial
    Ch. 6: The Lord’s Day
        a. The Lord’s Day should be dedicated to God
        b. We are obliged to worship at Mass on Sundays
        c. Sundays should be a day of rest, joy, and rejuvenation

    Ch. 7: The Cross and True Riches
        a. When we keep holy the Lord’s Day we go to Mass, where we participate in the sacrifice of Christ
        b. We are called to join our sacrifices with Christ’s through forms of self-denial

Week 6: Fourth Commandment / Authority / Obedience
    Ch. 8: In the Heart of the Family
        a. The Fourth Commandment teaches that we have obligations to our families and to those in authority

    Ch. 9: Citizenship - Rights and Duties
        a. Man is bound to the authority of the state, which receives its authority from God
Grade 6: Following Christ
Part I: The Ten Commandments (Continued)

Week 7: Catholic Church
Ch. 10: Church Authority - Our Fathers in Faith
  a. Jesus is the head of the Church
  b. Jesus has given his authority to the pope and the apostles
  c. It is through the sacraments that the Church sanctifies her members
  d. The Church is our mother

Week 8: Fifth Commandment / Murder
Ch. 11: Respect Life
  a. We must understand that each of us is composed of body and soul
  b. Murder is a grave sin
  c. We should care for and protect ourselves

Week 9: Charity / Forgiveness / Scandal
Ch. 12: Charity Toward All
  a. We must have goodwill toward our neighbors
  b. The Fifth Commandment forbids unrighteous anger and hatred
  c. Scandal is conscious and deliberate encouragement of others to sin

Week 10: Sixth Commandment / Ninth Commandment
Ch. 13: The Sacred Flame
  a. Everyone is worthy of respect
  b. Reproduction is a blessing from God
  c. We must be pure in thought, word, and deed

Week 11: Seventh Commandment / Tenth Commandment
Ch. 14: Ownership
  a. Do not steal or damage the property of others
  b. Do not commit fraud or usury
  c. The Tenth Commandment governs our desire for possessions
  d. Justice means giving everyone his due

Week 12: 8th Commandment
Ch. 15: Backed by Truth
  a. Do not lie or be hypocrites
  b. We must keep our promises and oaths
  c. We must not speak in ways that harm others
  d. We must be careful of what we say and think of others

Week 13: Beatitudes
Ch. 16: The Beatitudes
  a. The Beatitudes tell us of the eternal blessings that come from following Jesus
Week 14: Last Supper / Sacrifice / Mass
Ch. 17: At the Last Supper
   a. The Old Testament sacrifices
   b. Jesus instituted the Eucharist at the Last Supper

Ch. 18: The Living Sacrifice
   a. Jesus reconciled God and man in the Paschal Mystery
   b. At every Mass Jesus’ offering of himself to the Father on our behalf is made present
   c. Mass is the perfect prayer

Week 15: Holy Communion
Ch. 19: The Feast of God
   a. At Mass, we celebrate in a sacred meal the death and Resurrection of Jesus
   b. In the Eucharist we are nourished, made one, and receive grace

Ch. 20: Promise and Fulfillment
   a. Jesus is the Bread of Life and those with faith in the Real Presence receive him
   b. Steps to receiving the Eucharist worthily

Week 16: Resurrection / Ascension
Ch. 21: New Life
   a. Jesus rose from the dead
   b. Jesus ascended into heaven
   c. Jesus’ Resurrection proved his divinity and signified that the world had been redeemed
   d. Jesus fulfills his promise to send the Holy Spirit and to be with his Church

Week 17: Introductory Rites / Liturgy of the Word
Ch. 22: Come into the Lord’s Presence Singing for Joy
   a. We encounter Christ in the celebration of the Eucharist
   b. The Introductory Rites prepare us for the Liturgy of the Word

Ch. 23: Speak Lord, Your Servant is Listening
   a. During the Liturgy of the Word, we listen to God and respond in faith

Week 18: Liturgy of the Eucharist / Concluding Rite
Ch. 24: Lift up the Cup of Salvation
   a. In the Liturgy of the Eucharist the Body and Blood of Christ become truly present

Ch. 25: Come to the Table of the Lord
   a. The Liturgy of the Eucharist is when the Body and Blood of Christ become present

Week 19: Receiving Jesus
Ch. 26: Preparing Our Hearts for Jesus
   a. We express our faith in Christ’s presence in the Eucharist by saying “Amen”
   b. We must properly prepare to receive Holy Communion
   c. We should always be ready to meet Jesus
   d. We should always strive to grow in love for Jesus
Grade 6: Following Christ
Part II: The Holy Mass (Continued)

Week 20: Eucharist / True Presence
    Ch. 27: Come Lord Jesus
       a. Jesus gave the Church the authority to administer the sacraments
       b. We should receive Holy Communion worthily
       c. Viaticum is the final preparation for the journey from life on earth to life in heaven

    Ch. 28: His Abiding Presence
       a. The Eucharist contains Christ truly and wholly present, true God and true man
Week 21: Death / Particular Judgment / Communion of Saints / Heaven, Hell, and Purgatory

Ch. 29: Passage into Eternity
a. Death is the separation of the body and soul
b. Death is a consequence of original sin
c. In order to get to heaven we must prepare ourselves so that we might die in the state of grace
d. Particular Judgment occurs at the moment of death

Ch. 30: Heaven - Purgatory - Hell
a. Man was created to be with God, and so, his greatest joy is to be with God in heaven
b. The souls of those who die in the state of grace, but need to be purified go to purgatory
c. The Communion of Saints includes the Church Triumphant, the Church Suffering, and the Church Militant
d. Hell is a state of eternal suffering and separation from God

Week 22: Second Coming / General Judgment
Ch. 31: He Shall Come Again
a. Jesus will come again in glory to judge the living and the dead