

*Faith and Life Series*  
*22 Week Curriculum Outline*

*Grade 6*  
*Following Christ*

*Third Edition*

# **Grade 6: Following Christ**

## **22 Week Parish Curriculum**

**THEME:** An overview for a Christian life of love: the law of God, especially in the Ten Commandments, and the presence of Jesus in the Holy Mass. The interaction of the challenges of God's law and his gifts of grace that help us fulfill his law in preparation for the Particular and General Judgments.

### **Weeks 1-13**

- ❖ **Part I: The Ten Commandments and the Beatitudes**
- ❖ Chapters 1-16: Forming the conscience and growing close to God through the Church.

### **Weeks 14-20**

- ❖ **Part II: The Holy Mass**
- ❖ Chapters 17-28: An emphasis on faith in and an understanding of the Real Presence and Christ's sacrifice, including explanations of the parts of the Mass.

### **Weeks 21-22**

- ❖ **Part III: The Last Things**
- ❖ Chapters 29-31: Death and God's judgment of us, with an emphasis on the Communion of Saints and the great happiness of heaven.

**AIM:** To help sixth-grade students learn to love and deeply live the law as Christ did, to cherish the Mass as our greatest prayer to God, and especially to revere and adore Jesus in the Blessed Sacrament.

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## **Part I: The Ten Commandments**

### Week 1: God's Law / Conscience

#### Ch. 1: God Gives Us the Law

- a. We can know God through creation
- b. God has given man free will in order to choose good and avoid evil
- c. God established divine and natural laws to govern creation
- d. Jesus established the New Covenant
- e. God has provided the means to form our consciences through natural law and the teachings of the Church

### Week 2: First Commandment

#### Ch. 2: The First Commandment in Our Own Day

- a. Superstition, impiety, heresy, and anything contrary to the reverence we owe God is forbidden
- b. We must love God above all else
- c. The Israelites offered sacrifice to God to worship him and show sorrow for sin

### Week 3: Prayer / Saints

#### Ch. 3: Prayer - Hidden Treasure

- a. Necessity of prayer
- b. Two forms of prayer
- c. We must die to ourselves and recommit ourselves to God

#### Ch. 4: Saints - They Made the Most of It

- a. We are called to conversion so that we can become saints
- b. We venerate and pray to the saints in heaven

### Week 4: Second Commandment

#### Ch. 5: The Holy Name

- a. God's name is holy and ought to be revered
- b. Blasphemy, false oaths, and unnecessary swearing upon God's name are forbidden
- c. Respect is also due to holy things

### Week 5: Third Commandment / Self-denial

#### Ch. 6: The Lord's Day

- a. The Lord's Day should be dedicated to God
- b. We are obliged to worship at Mass on Sundays
- c. Sundays should be a day of rest, joy, and rejuvenation

#### Ch. 7: The Cross and True Riches

- a. When we keep holy the Lord's Day we go to Mass, where we participate in the sacrifice of Christ
- b. We are called to join our sacrifices with Christ's through forms of self-denial

### Week 6: Fourth Commandment / Authority / Obedience

#### Ch. 8: In the Heart of the Family

- a. The Fourth Commandment teaches that we have obligations to our families and to those in authority

#### Ch. 9: Citizenship - Rights and Duties

- a. Man is bound to the authority of the state, which receives its authority from God

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## **Part I: The Ten Commandments (Continued)**

### Week 7: Catholic Church

#### Ch. 10: Church Authority - Our Fathers in Faith

- a. Jesus is the head of the Church
- b. Jesus has given his authority to the pope and the apostles
- c. It is through the sacraments that the Church sanctifies her members
- d. The Church is our mother

### Week 8: Fifth Commandment / Murder

#### Ch. 11: Respect Life

- a. We must understand that each of us is composed of body and soul
- b. Murder is a grave sin
- c. We should care for and protect ourselves

### Week 9: Charity / Forgiveness / Scandal

#### Ch. 12: Charity Toward All

- a. We must have goodwill toward our neighbors
- b. The Fifth Commandment forbids unrighteous anger and hatred
- c. Scandal is conscious and deliberate encouragement of others to sin

### Week 10: Sixth Commandment / Ninth Commandment

#### Ch. 13: The Sacred Flame

- a. Everyone is worthy of respect
- b. Reproduction is a blessing from God
- c. We must be pure in thought, word, and deed

### Week 11: Seventh Commandment / Tenth Commandment

#### Ch. 14: Ownership

- a. Do not steal or damage the property of others
- b. Do not commit fraud or usury
- c. The Tenth Commandment governs our desire for possessions
- d. Justice means giving everyone his due

### Week 12: 8<sup>th</sup> Commandment

#### Ch. 15: Backed by Truth

- a. Do not lie or be hypocrites
- b. We must keep our promises and oaths
- c. We must not speak in ways that harm others
- d. We must be careful of what we say and think of others

### Week 13: Beatitudes

#### Ch. 16: The Beatitudes

- a. The Beatitudes tell us of the eternal blessings that come from following Jesus

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## **Part II: The Holy Mass**

### Week 14: Last Supper / Sacrifice / Mass

#### Ch. 17: At the Last Supper

- a. The Old Testament sacrifices
- b. Jesus instituted the Eucharist at the Last Supper

#### Ch. 18: The Living Sacrifice

- a. Jesus reconciled God and man in the Paschal Mystery
- b. At every Mass Jesus' offering of himself to the Father on our behalf is made present
- c. Mass is the perfect prayer

### Week 15: Holy Communion

#### Ch. 19: The Feast of God

- a. At Mass, we celebrate in a sacred meal the death and Resurrection of Jesus
- b. In the Eucharist we are nourished, made one, and receive grace

#### Ch. 20: Promise and Fulfillment

- a. Jesus is the Bread of Life and those with faith in the Real Presence receive him
- b. Steps to receiving the Eucharist worthily

### Week 16: Resurrection / Ascension

#### Ch. 21: New Life

- a. Jesus rose from the dead
- b. Jesus ascended into heaven
- c. Jesus' Resurrection proved his divinity and signified that the world had been redeemed
- d. Jesus fulfills his promise to send the Holy Spirit and to be with his Church

### Week 17: Introductory Rites / Liturgy of the Word

#### Ch. 22: Come into the Lord's Presence Singing for Joy

- a. We encounter Christ in the celebration of the Eucharist
- b. The Introductory Rites prepare us for the Liturgy of the Word

#### Ch. 23: Speak Lord, Your Servant is Listening

- a. During the Liturgy of the Word, we listen to God and respond in faith

### Week 18: Liturgy of the Eucharist / Concluding Rite

#### Ch. 24: Lift up the Cup of Salvation

- a. In the Liturgy of the Eucharist the Body and Blood of Christ become truly present

#### Ch. 25: Come to the Table of the Lord

- a. The Liturgy of the Eucharist is when the Body and Blood of Christ become present

### Week 19: Receiving Jesus

#### Ch. 26: Preparing Our Hearts for Jesus

- a. We express our faith in Christ's presence in the Eucharist by saying "Amen"
- b. We must properly prepare to receive Holy Communion
- c. We should always be ready to meet Jesus
- d. We should always strive to grow in love for Jesus

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## **Part II: The Holy Mass (Continued)**

### Week 20: Eucharist / True Presence

#### Ch. 27: Come Lord Jesus

- a. Jesus gave the Church the authority to administer the sacraments
- b. We should receive Holy Communion worthily
- c. Viaticum is the final preparation for the journey from life on earth to life in heaven

#### Ch. 28: His Abiding Presence

- a. The Eucharist contains Christ truly and wholly present, true God and true man

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## **Part III: The Last Things**

### Week 21: Death / Particular Judgment / Communion of Saints / Heaven, Hell, and Purgatory

#### Ch. 29: Passage into Eternity

- a. Death is the separation of the body and soul
- b. Death is a consequence of original sin
- c. In order to get to heaven we must prepare ourselves so that we might die in the state of grace
- d. Particular Judgment occurs at the moment of death

#### Ch. 30: Heaven - Purgatory - Hell

- a. Man was created to be with God, and so, his greatest joy is to be with God in heaven
- b. The souls of those who die in the state of grace, but need to be purified go to purgatory
- c. The Communion of Saints includes the Church Triumphant, the Church Suffering, and the Church Militant
- d. Hell is a state of eternal suffering and separation from God

### Week 22: Second Coming / General Judgment

#### Ch. 31: He Shall Come Again

- a. Jesus will come again in glory to judge the living and the dead