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CHAPTER TWENTY-THREE
THE BLESSED TRINITY

Catechism of the Catholic Church References

Belief in One God: 199–202, 228
Christians Begin the Day with the Sign of the Cross: 2157
The Divine Works and the Trinitarian Missions: 257–60, 267
The Family as an Image of the Trinity: 2205
The Holy Trinity in the Teaching of the Faith: 249–56, 266
The Implications of Faith in One God: 222–27, 229

“In the Name of the Father and of the Son and of the Holy Spirit”: 232–37, 265
The Mystery of Faith: 230, 234, 237, 1066
The Persons of the Trinity: 242, 252–57, 685, 689
The Revelation of God as Trinity: 238–48, 261–64
The Trinity in Us: 260

Scripture References

The Great Commission: Mt 28:16–20
Promise of the Counselor: Jn 14:25–26
The Baptism of Jesus: Mt 3:1–17

The Annunciation: Lk 1:31–38
Jer 3:4–19

Background Reading: The Fundamentals of Catholicism by Fr. Kenneth Baker, S.J.

Volume 2:
“The Most Holy Trinity,” pp. 77–79
“God is Both One and Three,” pp. 80–83

Summary of Lesson Content

Lesson 1

In Baptism, persons are baptized, “In the name of the Father and of the Son and of the Holy Spirit.”

There is only one God.

There are three Divine Persons in one God.

The Father is God, the Son is God, and the Holy Spirit is God. They are one God.

Lesson 2

The mystery of the Trinity is one God in three Persons.

The First Person is the Father, the Second Person is the Son (who became man as Jesus the Christ) and the Third Person is the Holy Spirit.

The Persons are distinct: The Father is not the Son, nor the Holy Spirit. The Son is not the Father nor the Holy Spirit. The Holy Spirit is not the Father nor the Son.

The three Persons had no beginning and have no end. They are equal. No one Person is greater than another.

Lesson 3

Jesus told us about the Trinity: one God in three Persons.

The Trinity is a mystery of the Faith.

The family is an image of the Trinity: father, mother, and child.

Lesson 4

Prayer is said to the Father, through the Son, in the Holy Spirit, therefore calling upon the name of the Trinity.

The Sign of the Cross reminds Catholics of the mystery of the Trinity and of the sacrifice of the Son, Who became man as Jesus, and saved mankind by dying on the Cross.

When grace resides in a soul, the Trinity dwells in it.
CHAPTER TWENTY-THREE: THE BLESSED TRINITY

Lesson One: We Believe in One God

Aims

Students will learn that persons are baptized, “In the name of the Father and of the Son and of the Holy Spirit.”

They will learn that Catholics believe in one God.

They will learn that God is three Persons: God the Father, God the Son, and God the Holy Spirit.

Materials

- Green construction paper, scissors, glue
- Activity Book, p. 89
- Optional: Patrick: Brave Shepherd of the Emerald Isle, video, CCC of America, available through Ignatius Press
- “All hail, adored Trinity,” Adoremus Hymnal, #462

Develop

1. Read paragraph 1 with the students.

2. In order to demonstrate God’s love for the children in His three Persons, cut out three hearts by folding (green) construction paper in three, then cutting out a heart (each will then be the same size). On the first heart write “God the Father” and tell children that God the Father loves them. On the second heart, write “God the Son” and tell the children that God the Son loves them. On the third heart, write “God the Holy Spirit” and tell the children that God the Holy Spirit loves them. Because of Their love, the names of the three Persons are written on each child’s heart.

3. Next, tell the children that these three Persons (Father, Son, and Holy Spirit) are all God. Ask if the children have ever seen a three-leaf clover (shamrock). It is one plant with three leaves (like one God in three Persons). Assemble the three hearts to make a clover leaf. Make a stem that says “is God.” This will make a clover leaf that says: The Father is God, the Son is God, and the Holy Spirit is God.

Reinforce


2. The students may make their own shamrocks after the model you made for them in class. They will need green construction paper, children’s scissors, and glue or paste.

Conclude

1. Lead the children in prayer, having the students thank God that they were baptized in His name and claimed for the Trinity.

2. Sing with the children “All Hail, adored Trinity,” Adoremus Hymnal, #462.

ST. PATRICK OF IRELAND

Saint Patrick was born in Scotland around the year 385 to Roman parents in charge of the colonies in Britain. Around the age of fourteen he was captured and taken to Ireland as a slave and shepherd, at a time when Ireland was a land of Druids and pagans. He learned their language and customs, and at age twenty, escaped to the coast where sailors returned him to Gaul. He became a priest and then a bishop, and returned to Ireland in 433. Patrick preached the Gospel, converted thousands, and built churches all over Ireland. He used the shamrock to teach the Trinity. He is the patron saint of Ireland. His feast day is March 17.
Chapter Twenty-Three: The Blessed Trinity
Lesson Two: One God, Three Persons

Aims

Students will review that the one God in three Persons is a mystery called the Blessed Trinity.

They will review that the Persons are distinct, equal, and they always were and always will be.

They will know that the Father is the First Person, the Son is the Second Person, and the Holy Spirit is the Third Person of the Trinity.

They will learn that Jesus is the Second Person of the Trinity and, therefore, Jesus is God.

Materials

- Activity Book, p. 90

Optional:

- “All hail, adored Trinity,” Adoremus Hymnal, #462

Begin

Using the example of a clover, ask the children to explain the Trinity (one God in three Persons). Ask them to name the three Persons: Father, Son, and Holy Spirit. Tell the children that this is a great mystery of faith, called the Blessed Trinity.

It is not a problem or a puzzle to be solved, but something that no one can fully understand. We know it is true because Jesus told us.

Develop

1. Read paragraphs 2, 3, and 4 from the text.

2. Now separate the construction paper clover leaves from the last lesson: Father, Son, and Holy Spirit. They are all equal in size. This is like God, for all three Persons are equal; they are all God. Not one Person is greater than the Son, nor the Holy Spirit. The Son is not greater than the Father, nor the Holy Spirit. The Holy Spirit is not greater than the Father, nor the Son.

3. In the clover, each leaf is the clover: no one leaf is different. Therefore, the clover is like God: the Father is God, the Son is God, and the Holy Spirit is God.

4. Re-emphasize that all three Persons are God. God has no beginning and no end. The Father has no beginning and no end. The Son has no beginning and no end. The Holy Spirit has no beginning and no end.

5. The three Persons have a relation to one another. Just like your dad is your father, and you know him in this relation, and he knows you as his child, so God the Father and God the Son are known by this relationship of love. And, the love between the Father and the Son is the Holy Spirit. This relation may be modeled by the love of a father, mother, and child.

6. Each Person of the Trinity is known for His work. The Father is the Creator and is the Father of all creatures. The Son is the Redeemer; He became man in the Person of Jesus and died for the sins of man. The Holy Spirit is the Sanctifier; He helps to make men holy. The Holy Spirit was sent by the Father and the Son to give life to the Church and help people pray and love one another.

7. The Father, Son, and Holy Spirit are God, and everyone must know, love, and serve this one God in three Persons.

Reinforce


2. Separate the children into pairs and ask them to begin learning Questions 48–51 in the textbook (see Teacher’s Manual, p. 281).

Conclude

1. End with a prayer, praising each Person of the Trinity for His works and love for the children.

2. Sing with the children “All hail, adored Trinity,” Adoremus Hymnal, #462.

23 The Blessed Trinity

“Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.”

Matthew 28:19

There is only one God. There are three Divine Persons in one God: God the Father, God the Son, and God the Holy Spirit. The Father is God. The Son is God. The Holy Spirit is God. But together They are one God.

We call the three Persons in one God the Blessed Trinity. God the Father is the First Person of the Blessed Trinity. God the Son is the Second Person of the Blessed Trinity. He became man When we call Jesus and Who died to save us from sin. God the Holy Spirit is the Third Person of the Blessed Trinity. He helps us to pray and to love one another.

The three Persons of the Trinity had no beginning. They always were and always will be.

The Relationship of Persons in the Trinity

In Catholic Tradition, certain theological terminology is used to refer to each Person’s relation to the other in the Trinity, which is stated in the Nicene Creed (see p. 283 of this manual). The Church uses the term “substance” (at times “essence” or “nature”) to signify the divine being in its unity; the term “person” or “hypostasis” to designate the Father, Son, and Holy Spirit in the real distinction among them; and also the term “relation” to indicate the fact that their distinction lies in the relationship of each to the others. The Father “begets” the Son eternally, and the Father and Son’s mutual love results in the “spiration” of the Holy Spirit. See also CCC 249–56.

The Trinity in Scripture

There are many instances of the Trinity in Scripture, such as:

- Creation: Gen 1:1–2
- The Annunciation: Lk 1:26–38
- The Baptism of Jesus: Mt 3:1–17
- Christ’s Priestly Prayer: Jn 14—17

TRINITY SUNDAY

Pope John XXIII (1316–34) promulgated this feast for the universal Church on the first Sunday after Pentecost. Because it was after the first Pentecost that the Trinitarian doctrine was proclaimed to the world, the feast was chosen to follow Pentecost.

Preview

In our next lesson, we will learn more about the family as an image of the Trinity.
1. Read paragraph 5 in the textbook.

2. Emphasize with the children that the Trinity is a mystery. A mystery is not a puzzle nor is it a problem to be solved. A mystery is something that a person can know about, and can learn about, but cannot fully understand, even if he spends his entire life thinking about it. The Trinity is a mystery people know is true because Jesus taught it. The Trinity is present in other parts of the Bible too. Reading about it in Scripture can help a person to understand the mystery better. Praying to learn more about this mystery can also help a person’s faith.

3. Explain that Jesus really did reveal the Trinity to the Church. He told the Apostles to baptize all nations, “In the name of the Father and of the Son and of the Holy Spirit” (Mt 28:16–20). The Trinity is present at the Baptism of Jesus, with God the Father’s voice from Heaven and the Holy Spirit descending upon Jesus (Mt 3:16–17). Jesus speaks about His Father and the Holy Spirit; read John 14:25–26 from your children’s Bible.

4. Discuss this passage in John. Explain that the term Counselor means someone who guides Christians in truth. A Counselor defends Christians from error or false judgment. The Counselor is a name for the Holy Spirit.

6. Ask the children if they can think of another example of the three Persons of the Trinity being present in a Bible passage. Perhaps they will remember learning about the Annunciation (Lk 1:31–38) in Chapter 9. The angel Gabriel appears to announce that Mary is to be the mother of Jesus (God the Son) according to the plan of God, the Most High (God the Father), and she shall conceive by the power of the Holy Spirit. Clearly the Blessed Trinity is there.

Students will learn that Jesus taught that God is three Persons. Even so, this is a great mystery. They will learn that Jesus spoke to the Father and that He sent the Holy Spirit. They will learn that the family is an image of the Trinity.

Have the children think of their parents in relation to themselves. Each child has a mother and a father. Write “Father, Mother, and You = One Family” on the chalkboard. Remind the students that this family is three persons: a model of the Trinity. The father is not the mother nor the child, the mother is not the father nor the child, and the child is not the father nor the mother. All three are persons; they are all one family. They know themselves by their relationship. They are three distinct persons, different in their roles, all one family, in love.

Have the children review and finalize memorization of Questions 48–51.

As the Father has loved me, so have I loved you; abide in my love, just as I have kept my Father’s commandments and abide in his love.

—John 15:9–10

Although God is pure spirit, has no body and is therefore neither male nor female, the Church has always called God “Father”. This tradition follows Christ’s example in Scripture of calling God not only “Father,” but also “Abba,” which is “Daddy.”

“In no way is God in man’s image. He is neither man nor woman. God is pure spirit in which there is no place for the difference between the sexes. But the respective ‘perfections’ of man and woman reflect something of the infinite perfection of God; those of a mother and those of a father and husband.”


SPEAKING OF GOD IN THE MASculine

CHALK TALK: THE FAMILY AS A TRINITARIAN IMAGE

FATHER (FATHER) MOTHER (SON)
CHILD (HOLy SPIRIT)
MARY: SPOUSE OF THE HOLY SPIRIT

After accepting the Father’s invitation to become the Mother of God, the Holy Spirit overshadowed Mary and the Son was conceived in her womb. By the power of the Holy Spirit and because of her faith, Mary’s virginity became uniquely fruitful. She is often called the spouse of the Holy Spirit.

Prevent

We will review what we have learned by playing a game, then take a quiz.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, begotten of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through him all things were made.

For us men and for our salvation he came down from heaven: by the power of the Holy Spirit he was born of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate; he suffered, died, and was buried.

On the third day he rose again in fulfillment of the Scriptures;
**Chapter Twenty-Three: The Blessed Trinity**

**Review and Assessment**

**Aims**
To review and assess the students’ knowledge of the materials taught in this chapter.

**Materials**
- Appendix, p. B-1
- Quiz 23 (Appendix, p. A-28)
- “All hail, adored Trinity”, Adoremus Hymnal, #462

**Review and Enrichment**

**Play a review game, such as Bible Baseball (see Appendix, p. B-1 for instructions). Be sure to cover the content of all four lessons, including the examples of the Trinity as found in Scripture. Items to review:**
- The Trinity is one God in three Divine Persons.
- All three Persons are distinct.
- All three Persons are equal.
- God has no beginning and no end.
- Jesus taught us about the Trinity.
- The family is a model of the Trinity.
- The Sign of the Cross is a prayer that reminds Catholics of the mystery of the Trinity, and that the Second Person, the Son, became man and died on the Cross to save the world from sin.

**Assess**
1. Distribute the quiz. Read through it with the children and answer any questions that they may have. Individually quiz the children on Questions 48–51 from the textbook (see Teacher’s Manual, p. 283).
2. After they have completed them, review the correct answers for reinforcement.

**Conclude**
End with singing “All hail, adored Trinity,” Adoremus Hymnal, #462, or pass out prayer cards as little rewards for learning.

**Materials**
- Appendix, p. B-1
- Quiz 23 (Appendix, p. A-28)
- “All hail, adored Trinity”, Adoremus Hymnal, #462

**Name:**

**The Blessed Trinity** Quiz 23

**Multiple choice. Circle the correct answer.**

1. There is _____ God.
   a) one  b) two  c) three

2. There are _____ Divine Persons in God.
   a) one  b) two  c) three

3. The Father is _____ the Son is _____, and the Holy Spirit is _____.
   (Circle one word for all three blanks.)
   a) human  b) God  c) less

4. Did the Blessed Trinity have a beginning?
   a) yes  b) no

**Name:**

**The Trinity**

One God in three Persons

Color the circle with “The Father” red, “The Son” blue, and “The Holy Spirit” yellow. Then color the sections with the word “is” orange, and the sections with “is not” black.

**Name:**

**Word Search**

Can you find these words in the puzzle? The words go across and down.

<table>
<thead>
<tr>
<th>BLESSED</th>
<th>JESUS</th>
<th>SON</th>
</tr>
</thead>
<tbody>
<tr>
<td>FATHER</td>
<td>MYSTERY</td>
<td>THREE</td>
</tr>
<tr>
<td>GOD</td>
<td>ONE</td>
<td>TRINITY</td>
</tr>
<tr>
<td>HOLY SPIRIT</td>
<td>PERSONS</td>
<td></td>
</tr>
</tbody>
</table>

**Name:**

**We pray to the Trinity**

Fill in the blanks using the words below.

Loves  Son  Cross  Second  Holy Spirit  Father

We make the Sign of the Cross before and after each prayer to remind us of the mystery of the Trinity. We say, “In the Name of the Father, and of the Son, and of the Holy Spirit, Amen.”

The Trinity lives in our hearts when we have the gift of grace. We make the Sign of the Cross over our hearts to remind us that God loves us and we love Him.

We make the shape of a cross to remind us that the Second Person of the Trinity, Jesus, died on the Cross so that we could have grace in our souls.