

Faith and Life Series
Parish Lesson Plans

Grade 6
Following Christ

Third Edition

FOLLOWING CHRIST
Parish Lessons

Faith and Life Series
Third Edition

BOOK SIX

Ignatius Press, San Francisco

Third Commandment / Self-denial

■ PREPARATION

Prayer: Our Father -
ST p. 147

Scripture: Exodus 20:8 -
ST p. 33 / Matthew 16:24
- ST p. 39

Sacred art: *Triptych of the
Resurrection with Saint
Sebastian* - ST p. 34

■ PROCLAMATION

The Third Commandment sets aside the Lord's Day for worship and rest. Self-denial means sacrificing our own will, or something we desire, for the sake of the Kingdom of God.

EXPLANATION

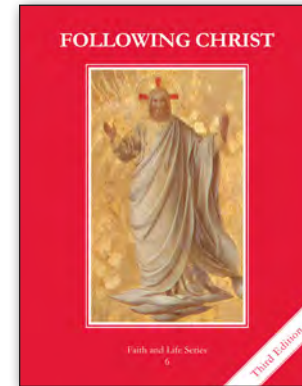
- The Lord's Day should be dedicated to God.
 - Sabbath and Lord's Day: *Develop # 3, 4 - TM p. 66*
 - Time: *Develop # 5, 6 - TM p. 66*
 - Liturgical calendar: *Develop # 7 - TM p. 66*
- We are obligated to worship at Mass on Sundays. Sundays should be a day of prayer, rest, joy, and rejuvenation.
 - Sunday: *Develop # 2 - TM p. 68*
 - Work: *Develop # 4 - TM p. 68*
 - Preparing for Sunday: *Develop # 5 - TM p. 68*
 - Worship: *Develop # 4, 5 - TM p. 70*
 - Rest: *Develop # 2 - TM p. 72*
- When we keep holy the Lord's Day we go to Mass and participate in the sacrifice of Christ. We are called to join our sacrifices with Christ's through forms of self-denial.
 - Self-denial: *Develop # 4 - TM p. 78*
 - Suffering: *Develop # 2, 3, 4 - TM p. 80*
 - Penance: *Develop # 4 - TM p. 82*
 - Reasons for penance: *Develop # 4 - TM p. 84*

APPLICATION

- *Reinforce # 3 - TM p. 70*
- *Reinforce # 3 - TM p. 72*
- Discuss other ways that student may keep Sunday holy. Examples may include spiritual reading, leisurely recreation, family time, etc.
- *Reinforce # 3 - TM p. 78*
- Discuss with the students how Jesus taught his disciples not to make a show of their penance. Remind them that they should make their self-denial known only to God and should not announce it to others.
- *Reinforce # 3 - TM p. 84*

CELEBRATION

- Song: *Lift high the cross - Adoremus Hymnal # 606*
- Student reading for next lesson: Chapters 8 & 9 - **ST pp. 43-49**
- Concluding prayer: Thank God for giving us a day to rest and worship him on the Lord's Day. Pray the Morning Offering. - **ST p. 147**



- Teacher's Manual (TM):**
Chapter 6, pp. 65-76
(Lessons 1-4) / Chapter 7,
pp. 77-88 (Lessons 1-4)
- Student Textbook (ST):**
Chapter 6, pp. 33-37 /
Chapter 7, pp. 38-42
- Activity Book (AB):**
Chapter 6, pp. 21-24 /
Chapter 7, pp. 25-28

Notes: _____

Receiving Jesus

■ PREPARATION

Prayer: Anima Christi -
ST p. 151

Scripture: Luke 24:32 -
ST p. 111

Sacred art: Christ washing
the feet of the Apostles -
ST p. 112

■ PROCLAMATION

In Holy Communion we unite ourselves with Jesus and offer ourselves, in union with Christ, to the Father.

■ EXPLANATION

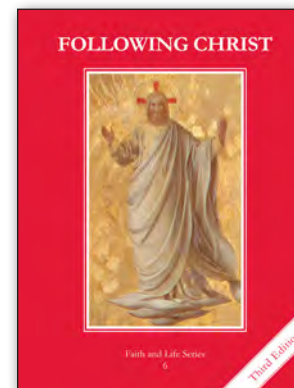
- We express our faith in Christ's presence in the Eucharist by saying "Amen" when we receive Holy Communion.
 - Amen: *Develop # 3 - TM p. 316*
 - Jesus calls us: *Develop # 4 - TM p. 316*
 - Daily Mass: *Develop # 5 - TM p. 316*
- We must properly prepare to receive Holy Communion.
 - Jesus washes the disciples' feet: *Develop # 2 - TM p. 318*
 - Preparation to receive Holy Communion: *Develop # 4, 5 - TM p. 318*
 - Sacrilege: *Develop # 3 - TM p. 318*
- We should always be ready to meet Jesus—either in Holy Communion or at the unknown hour of our death.
 - Prepare to meet Jesus: *Develop # 3, 4 - TM p. 320*
- We should always strive to grow in love for Jesus.
 - Knowing and meeting Jesus: *Develop # 2, 3 - TM p. 322*
 - Learning about Jesus: *Develop # 4 - TM p. 322*
 - Spending time with Jesus: *Develop # 5 - TM p. 322*

■ APPLICATION

- How does receiving Jesus in the Eucharist help us in our daily lives?
- How does the Eucharist help you to grow in trust and love for Jesus?
- *Reinforce # 3 - TM p. 318*
- How can you prepare your heart to meet Jesus? Should you always be ready?
- *Reinforce # 3 - TM p. 318*

■ CELEBRATION

- Saint: *Saint Thérèse of Lisieux and Her First Holy Communion - TM p. 317*
- Song: *Panis angelicus - Adoremus Hymnal # 523*
- Student reading for next lesson: Chapters 27 & 28 - **ST pp. 114-119**
- Concluding prayer: Ask Jesus to give you the grace to grow more in love with him. Pray the Spiritual Communion prayer. - **ST p. 152**



- Teacher's Manual (TM):**
Chapter 26, pp. 315-326
(Lessons 1-4)
- Student Textbook (ST):**
Chapter 26, pp. 111-113
- Activity Book (AB):**
Chapter 26, pp. 101-104

Notes: _____

Eucharist / True Presence

■ PREPARATION

Prayer: Anima Christi - ST p. 151

Scripture: John 17:19 - ST p. 114 / John 15:9 - ST p. 118

Sacred art: *Communion of the Apostles* - ST p. 116

■ PROCLAMATION

We should receive Holy Communion worthily because the Eucharist is Christ truly and wholly present.

■ EXPLANATION

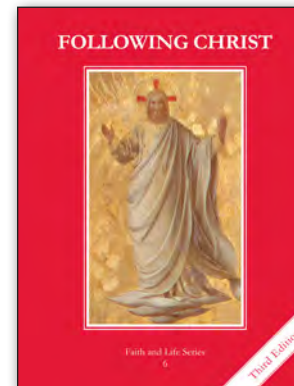
- Jesus gave the Church the authority to administer the Sacraments.
 - Peter: *Begin & Develop* # 2, 3, 4 - **TM p. 328**
 - Church: *Develop* # 5 - **TM p. 328**
- We should receive Holy Communion worthily.
 - Worthy reception: *Begin & Develop* # 2 - **TM p. 330**
 - Reverence: *Develop* # 2 - **TM p. 332**
 - Thanksgiving: *Develop* # 3 - **TM p. 332**
- Viaticum is the final preparation for the journey from life on earth to life in heaven.
 - Preparation for death: *Develop* # 3 - **TM p. 334**
- The Eucharist contains Christ truly and wholly present, true God and true man.
 - Transubstantiation: *Begin* - **TM p. 340**
 - Real Presence: *Develop* # 3, 4 - **TM p. 340**
 - Abiding presence: *Develop* # 4, 5 - **TM p. 342**
 - Visiting the Blessed Sacrament: *Develop* # 6 - **TM p. 342**
 - Eucharistic processions: *Develop* # 5 - **TM p. 344**
 - Spiritual Communion: *Develop* # 3 - **TM p. 346**
 - Perpetual Adoration: *Develop* # 5 - **TM p. 346**

■ APPLICATION

- Must you believe in the Real Presence in order to receive Holy Communion?
- *Reinforce* # 2 - **TM p. 332**
- *Reinforce* # 2 - **TM p. 332**
- What happens during transubstantiation?
- Why is it important to pray before the Blessed Sacrament?

■ CELEBRATION

- Saint: *Saint Joseph, Patron of a Happy Death* - **TM p. 335**
- Song: *Tantum ergo* - **Adoremus Hymnal # 393**
- Student reading for next lesson: Chapters 29 & 30 - **ST pp. 123-129**
- Concluding prayer: Ask Jesus for the grace to always receive him worthily in Holy Communion. Pray the Divine Praises. - **TM p. 55**



- Teacher's Manual (TM):**
Chapter 27, pp. 327-338 (Lessons 1-4) /
Chapter 28, pp. 339-352 (Lessons 1-4)
- Student Textbook (ST):**
Chapter 27, pp. 114-117 /
Chapter 28, pp. 118-119
- Activity Book (AB):**
Chapter 27, pp. 105-108 /
Chapter 28, pp. 109-112

Notes: _____

Second Coming / General Judgment

■ PREPARATION

Prayer: Hail Mary -
ST p. 147

Scripture: John 14:3 - ST
p. 130

Sacred art: Disputa
detail) - ST p. 131

■ PROCLAMATION

Jesus will come again to judge the living and the dead.

■ EXPLANATION

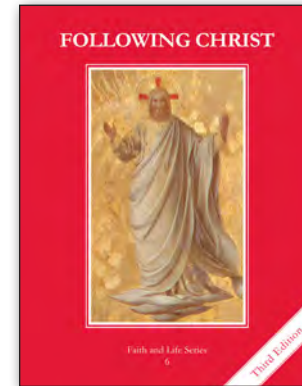
- Jesus will come again in glory to judge the living and the dead.
 - Ascension and the promise of the Second Coming: *Develop # 2* - **TM p. 378**
 - Second Coming: *Develop # 3, 4, 5* - **TM p. 378**
 - Second Coming: *Develop # 2* - **TM p. 380**
 - General Judgment: *Develop # 3, 4* - **TM p. 380**
 - Resurrection: *Develop # 5, 6, 7* - **TM p. 380**
 - Christ the King: *Develop # 2, 3* - **TM p. 382**
 - Mary, our Queen: *Develop # 4* - **TM p. 382**
 - Spiritual life: *Develop # 2, 4* - **TM p. 384**

■ APPLICATION

- Activity - **AB p. 121**
- Ask a priest to come to your class to answer questions about the General Judgment.
- *Reinforce # 2* - **TM p. 384**
- Discuss with the students that our bodies will be with us in eternity. Knowing this, spend time talking over any misconceptions about the body that can be clarified. (Misconceptions may include notions that the body is only for earthly pleasure, or that the body must be denied in extreme and unbalanced ways in the spiritual life.)

■ CELEBRATION

- Saint: *Saint Vincent Ferrer: Saint of the Apocalypse* - **TM p. 379**
- Song: *I heard the voice of Jesus say* - **Adoremus Hymnal # 579**
- Concluding prayer: Thank God for your family, classmates, and teacher. Ask him to protect them and bring them all to heaven. Pray the Litany of Loreto. - **ST p. 149**



- Teacher's Manual (TM):**
Chapter 31, pp. 377-389
(Lessons 1-4)
- Student Textbook (ST):**
Chapter 31, pp. 130-132
- Activity Book (AB):**
Chapter 31, pp. 121-124

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